May 2026

KINSMEN LODGE
Honouring Elders

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 2:30pm Bingo - REC	**2** 10:00am Sikh Prayer 2:00pm Tzu Chi Volunteers - REC 2:30pm Rosary Prayer Group - BV -
3 10:20am Java Music Club - BC 10:30am Catholic Communion 2:40pm OLGC Church - REC	**4** 10:00am Exercise in Cedar Grove 10:30am Java Music Club - Hol 10:30am Java Music Club - CG 11:00am Exercise on 3rd Floor 2:00pm Art Therapy Small Group - REC 6:00pm Reading with Thomas - LBY	**5** 10:00am Exercise on 2nd Floor 10:30am Java Music Club - BV 11:30am Exercise on 4th Floor 2:00pm Cinco de Mayo - REC	**6** 10:00am Exercise in Cedar Grove 11:00am Exercise on 3rd Floor 2:00pm Happy Hour - REC 6:00pm Men's Coffee Club - STY	**7** 10:00am Exercise on 2nd Floor 10:30am Java Music - Cre 10:30am St. Vincent Choir - REC 11:30am Exercise on 4th Floor 6:00pm Travel Talks - REC	**8** 2:30pm Bingo - REC	**9** 10:00am Sikh Prayer 2:00pm Tzu Chi Volunteers - REC 2:30pm Rosary Prayer Group - BV -
10 10:20am Java Music Club - BC 10:30am Catholic Communion 2:00pm Mother's Day Tea - REC	**11** 10:00am Exercise in Cedar Grove 10:30am Java Music Club - Hol 10:30am Java Music Club - CG 11:00am Exercise on 3rd Floor 2:00pm Art Therapy Small Group - REC	**12** 10:00am Exercise on 2nd Floor 10:30am Java Music Club - BV 11:30am Exercise on 4th Floor 2:00pm Hand Chime Ensemble - REC 2:30pm Java Music Club - GT 3:00pm Java Music Club - Brookside	**13** 10:00am Exercise in Cedar Grove 10:30am Catholic Mass 11:00am Exercise on 3rd Floor 2:00pm Happy Hour - REC 6:00pm Men's Coffee Club - STY	**14** 10:00am Exercise on 2nd Floor 10:30am Java Music - Cre 11:30am Exercise on 4th Floor 2:00pm Ukulele Group - REC 6:00pm Travel Talks - REC	**15** 2:30pm Bingo - REC	**16** 10:00am Sikh Prayer 2:30pm Rosary Prayer Group - BV -
17 10:20am Java Music Club - BC 10:30am Catholic Communion	**18** Victoria Day - No Rec	**19** 10:00am Exercise on 2nd Floor 10:30am Java Music Club - BV 11:30am Exercise on 4th Floor 2:00pm Hand Chime Ensemble - REC 2:30pm Java Music Club - GT 3:00pm Java Music Club - Brookside	**20** 10:00am Exercise in Cedar Grove 11:00am Exercise on 3rd Floor 2:00pm Happy Hour - REC 6:00pm Men's Coffee Club - STY	**21** 10:00am Exercise on 2nd Floor 10:30am Java Music - Cre 11:30am Exercise on 4th Floor 2:00pm Drum Circle - REC 6:00pm Reading with Thomas - LBY	**22** 10:30am Chair Yoga - REC 2:30pm Bingo - REC	**23** 10:00am Sikh Prayer 2:00pm Tzu Chi Volunteers - REC 2:30pm Rosary Prayer Group - BV -
24 10:20am Java Music Club - BC 10:30am Catholic Communion 3:00pm Newton Christian Assembly - REC	**25** 10:00am Exercise in Cedar Grove 10:30am Java Music Club - Hol 10:30am Java Music Club - CG 11:00am Exercise on 3rd Floor 2:00pm Art Therapy Small Group - REC	**26** 10:00am Exercise on 2nd Floor 10:30am Java Music Club - BV 11:30am Exercise on 4th Floor 2:00pm Hand Chime Ensemble - REC 2:30pm Java Music Club - GT 3:00pm Java Music Club - Brookside	**27** 10:00am Exercise in Cedar Grove 11:00am Exercise on 3rd Floor 2:00pm Happy Hour - REC 6:00pm Men's Coffee Club - STY	**28** 10:00am Exercise on 2nd Floor 10:30am Celebration of Life - REC 10:30am Java Music - Cre 11:30am Exercise on 4th Floor 2:00pm Ukulele Group - REC 6:00pm Travel Talks - REC	**29** 10:30am Choir - REC 2:30pm Bingo - REC	**30** 10:00am Sikh Prayer 2:00pm Tzu Chi Volunteers - REC 2:30pm Rosary Prayer Group - BV -
31 10:20am Java Music Club - BC 10:30am Catholic Communion						

- Main Floor LBY - Lobby REC - Recreation Room STY - Studio