



Kinsmen Lodge
Honouring Elders

May 2026
Newsletter

In Loving Memory

Melvin Robbins
Arnold Norlander

New Faces at Kinsmen

Lorraine Weir

Happy Birthday To You....

May Birthdays

Irma Epp	4 th	James McHaffie	4 th
Sawitri Gupta	6 th	Yu Xin Zhang	6 th
Manel Weeratunge	14 th	Quyên Dam	15 th
Donna Hamilton	24 th	Francesca Cupello	25 th
Chris McAllister	25 th	Fay Hicks	28 th
Barbara Rowland	29 th	Ritsuko Eto	29 th

May 2026 Events

Bus Outings

14th - Country Drive

21st - Country Drive

28th - Country Drive

Special Events

Happy Hour Every Wednesday- Family are welcome

5th- Cinco de Mayo Celebration - 2:00pm

10th- Mother's Day Celebration- 2:00pm

A monthly calendar is available.

Just ask someone in the recreation department.

FRASER VALLEY MUSICAL THEATRE presents

RODGERS + HAMMERSTEIN'S

Cinderella

June 26 to July 5, 2026

Main Stage, Surrey Arts Centre

SENIOR OUTING OPPORTUNITY

Rodgers & Hammerstein's ***Cinderella*** is a much-loved Golden Age musical, originally written for television in 1957 and starring Julie Andrews. FVMT's production celebrates traditional musical theatre storytelling, with a talented cast of local performers. It's a feel-good show perfect for a group outing!

SENIOR FRIENDLY FEATURES:

- ✓ Matinees (2:30pm on Saturdays & Sundays)
- ✓ Fully accessible theatre building with wireless listening devices
- ✓ Seniors' Group Rates for 10+: \$29.00 (\$27.00 before March 31)
- ✓ Golden Age musical with familiar songs from Rodgers & Hammerstein

To book tickets: call Surrey Arts Centre box office at (604) 501-5580 or online at www.fvmt.org/shows/cinderella-2026



FRASER
VALLEY
MUSICAL
THEATRE



producer@fvmt.org



www.fvmt.org/shows/cinderella-2026/

GETTING TO KNOW YOU

NAME: Iris Orellana

BIRTHPLACE: In S.E. Saskatchewan – the outskirts of the Village of Sheho, in the Municipality of Insinger. (Approx 55 kms West of Yorkton).

FAVOURITE COLOUR: Red

FAVOURITE FOOD: I like Shrimp, and any type of Stir Fry – Stir Fry with Shrimp!

FAVOURITE MUSIC: I like Jazz, and Diana Ross, Diana Krall, Barbra Streisand & Michael Bublé.

FAVOURITE SCENT: I love Opium perfume – my husband Raul gifts it to me at Christmas!

FAVOURITE BOOKS: I used to enjoy reading History books!

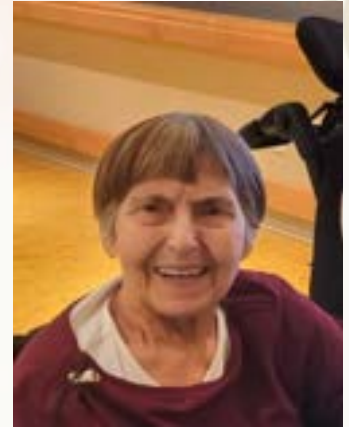
FAVOURITE MOVIE: I used to really enjoy watching Romance movies; Casablanca etc.

WHAT MAKES YOU HAPPIEST: Being with my Family and I love seeing/playing with Dogs & Puppies.

HOW LONG HAVE YOU LIVED AT KINSMEN LODGE?: I've been here since Feb 1/26, 2 months now.

WHAT PROGRAMS DO YOU PARTICIPATE IN AT KINSMEN?: I enjoy getting my nails done, Garden Walks, Church Services, Drum Circle, Reminisce, Pet Visits, Active Games, and Friendly Visits.

SPECIAL MEMORIES: I have many special memories of my Family, spending time with them and our Grandchildren, travelling to see our out-of-town family members, and going to Church! The church shown below on the right, is St. Mary's Ukrainian Orthodox Church in Sheho, Saskatchewan, built in 1908.



Getting To Know Our Volunteers

Christina Chen is our volunteer of the month for May. She was born and raised in Surrey, BC and has just graduated from Kwantlen Park Secondary. Christina is currently a first-year health science student at SFU with hopes to become a radiology technician in the future. This dedicated volunteer has been with us for a year and a half and comes every Sunday afternoon to assist with church and other special events. In her free time, Christina enjoys the outdoors, swimming, and indulging in films and literature.

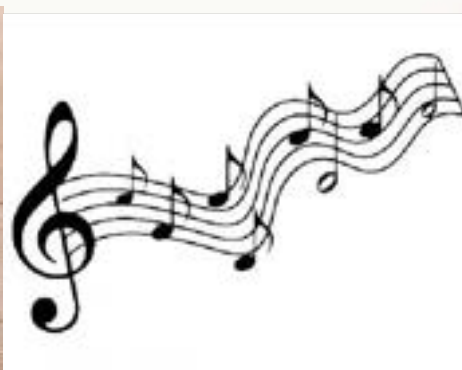


Interesting Facts about Christina:

Favourite Music: “Listens to everything, but mostly I enjoy pop rap according to my Spotify from 2025.”

Favourite Scent: “Fresh citrus, clean musk, and a hint of vanilla.”

Favourite Colour: “Lavender, purple, deep blue, and black – colours that I tend to wear often.”



Important Notice to Our Residents and Visitors

Our care community supports the education of future health care professionals.

You may see students from different health care disciplines onsite. These students are part of the health care team and bound by the same confidentiality and professional standards as staff. They are supervised by licensed clinicians to ensure safe, quality care.

Thank you for supporting their clinical learning experience. We appreciate your partnership in helping train the next generation of caregivers.

Residents have the right to refuse student involvement in health care at any time by informing our staff. This refusal does not adversely impact resident health care or service.

Feels Like Spring

In April, we welcomed our first "Art in the Garden". The weather has been so beautiful and everyone enjoyed catching some sun and fresh air while working on new projects. Easter was celebrated with water colour Easter Eggs. We also started a new community art project which will be ongoing for a while. It will feature mini pictures which will combine to make one larger piece and be shown together.

It's also nice to have fresh flowers for the art table on Mondays. If anyone has an abundant garden keep us in mind!



Mini Art, above

Easter Egg, below

Both by Geraldine Moffatt



Nicki's Notes

We kicked off spring with a wonderful Volunteer Appreciation celebration on April 25th. It was a truly special day filled with gratitude and laughter as we recognized the many individuals who give their time, energy, and heart to our community.

One of the most meaningful moments of the day was the opportunity to honour volunteer, Vi Brucker, who has dedicated over 40 years of service to Kinsmen Lodge. In recognition of her incredible contribution, we have proudly dedicated our Tuck Shop (formerly, The Shoppe) in her honour. Henceforth, it will now be known as Vi's Shop. To mark the occasion, our own Art Therapist, Nika, created a beautiful custom sign which is now hanging for all to see and enjoy. It is a truly special reminder of the lasting impact one person can have over time.

Alongside our volunteers, our donors play an equally important role in helping us go beyond what core funding can provide. At Kinsmen Lodge, and within the South Fraser Senior Care Society, we are deeply grateful for this combined support. Quite simply, we could not provide the same level of care, connection, and meaningful experiences for our residents without you.

Did you know that Kinsmen Lodge is operated by the South Fraser Senior Care Society? The Society is a local non-profit organization with a clear purpose: to ensure that seniors in our community have access to care and services that enhance their quality of life. Not only does this include 24/7 care and support tailored to each resident's needs, but also as many opportunities for engagement as possible because we all know that quality of life goes far beyond clinical care.

This is where support through the Sunshine Fund plays such an important role. The Sunshine Fund helps bring those "extras" to life – things like live entertainment, pet therapy visits, special celebrations, and recreational activities that create moments of happiness, comfort, and connection for our residents. These are the experiences that turn a care facility into a true home. Donations to the Sunshine Fund [<https://kinsmenlodge.ca/donate/>] go directly towards enriching the daily lives of those who live here, and we are so thankful to everyone who continues to support it.

At the same time, we want to be open about the broader environment we are operating in. Over the past year, the health care sector has been facing increasing financial pressures, including government funding constraints that are being felt across long-term care. Like many organizations, we are navigating these challenges thoughtfully and carefully, always with our residents' well-being at the center of our decisions.

With that in mind, we are pleased to share that we have been approved for a small grant that will allow us to build greater understanding and strengthen community connections, with the ultimate goal being to grow fundraising and donation streams to help sustain and enhance the care and services we provide.

Thank you for your kindness, your generosity, and your continued support. Whether you volunteer your time, contribute to the general or Sunshine Fund, or simply take a moment to connect with a resident – you are part of what makes this community so special.



MUSIC therapy

May
2026

You Are Invited To Our Next

FAMILY CONNECT



Join us for a presentation from
Crime Stoppers on Seniors Safety -
Scam and Fraud Prevention

Monday, May 11th at 5pm

In-person and online options available.

Email kmcgowan@kinsmenlodge.ca for more information.



Summer Alert!



Summer and gorgeous sunshine is just around the corner. It's time to shake out those t-shirts and shorts - please change out winter sweaters for lighter clothing and ensure your loved ones have a supply of summer clothing at hand to comfortably enjoy good times in the garden.

Home Happenings

In April, we celebrated Easter and Vaisakhi. We also welcomed our Animal Care Worker, Tanya, back after her leave for surgery (bottom right).



Home Happenings



We also enjoyed a bus outing to Crescent Beach to smell the ocean breeze and cool down with some ice cream from a local shop (top left and middle).

As the weather has begun to warm up, we have started to enjoy some visits out in the garden (top left).

To end off the month, we had our annual Volunteer Appreciation event (below).

This celebration recognized volunteers for both South Fraser Senior Care Society and Kinsmen Lodge.



Home Happenings



We enjoyed a chance to get to know each other, ate good food from Bozzini's Restaurant, and took time to recognize our long-standing volunteers.



We were blessed with floral donations from 99 Nursery and STEMS by Stong's which decorated our space and were later taken home as gifts for all our volunteers.



During our event, we had a very special reveal for our longest-standing volunteer, Vi. Our Art Therapist, Nika, was commissioned to create a beautiful sign to permanently rename the Shoppe to Vi's Shop - in honour of Vi, the reason for its very existence!



Searching for May

The words listed below can be found vertically, horizontally, diagonally, forward, and backward. Disregard spaces between words.



I	N	I	M	E	G	T	X	S	K	A	E	T	Y	O
Y	L	A	W	N	A	B	M	Y	R	U	M	C	E	R
I	B	D	J	U	U	O	B	M	L	R	E	D	L	A
J	E	R	R	R	S	P	E	Q	A	W	R	F	L	L
V	M	U	E	S	N	D	U	B	I	X	A	L	A	L
G	S	O	O	D	F	I	U	P	R	Z	L	O	V	I
T	K	L	T	O	Y	L	E	M	O	P	D	W	E	P
C	B	A	R	H	L	K	X	P	M	Z	P	E	H	R
T	W	C	V	H	E	T	C	Y	E	M	I	R	T	E
A	E	P	D	X	O	R	A	U	M	Z	T	M	F	T
S	K	T	E	U	Q	D	S	U	T	L	I	O	O	A
E	J	P	V	P	Y	B	F	O	P	N	C	O	Y	C
G	R	A	B	A	S	N	I	W	T	P	E	N	L	Y
I	H	D	M	V	I	C	T	O	R	I	A	K	I	K
S	C	O	Y	A	M	E	D	O	C	N	I	C	L	D

ARMED FORCES (Day)

FLOWER MOON

MEMORIAL (Day)

BLOSSOMS

GEMINI

MOTHER'S (Day)

BULL

KENTUCKY DERBY

SHAVUOT

CATERPILLAR

LAWN

TAURUS

CINCO DE MAYO

LILY OF THE VALLEY

TWINS

EMERALD

MAY DAY

VICTORIA (Day)

KINSMEN LODGE

HELPFUL INFO

CONTACT

604-588-0445
info@kinsmenlodge.ca
<https://kinsmenlodge.ca/>

VI'S SHOP

OPEN 7 DAYS A WEEK HOURS: 9:30-11:30 &
SAT/SUN 1:30-3:00
MARY SELLS COFFEE ON MONDAYS

HAIRDRESSER

Located on the first floor
Open Friday
Booked at reception

HAPPY HOUR

Located on the first floor with Live Music
Every Wednesday at 2PM

LEADERSHIP OFFICES

ON FIRST FLOOR
AVAILABLE
WEEKDAYS
ASK AT RECEPTION

BINGO

Located on the first floor
Big game is 50/50 split
Every Friday at 2:30 PM

CONFERENCE ROOM

The conference room can be
booked for parties. Ask Karen.

CHOIR

Located on the first floor. Most Fridays at 10:30 AM

MONTHLY CALENDAR

Available from Recreation

DID YOU KNOW

WE VALUE YOUR PARTICIPATION. FAMILY MEMBERS
ARE INVITED AND ENCOURAGED TO COME AND TAKE
PART IN RECREATION ACTIVITIES LIKE HAPPY HOUR
AND EXERCISES.

WE ALSO HOST A WELCOME TEA EVERY MONTH FOR
OUR NEW ELDERS.