



December 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00am Exercise in Cedar Grove 11:00am Exercise on 3rd Floor	2 10:00am Exercise on 2nd Floor 11:30am Exercise on 4th Floor 2:00pm Hand Chime Ensemble - REC	3 10:00am Exercise in Cedar Grove 11:00am Exercise on 3rd Floor 4:30pm KL 50th Anniversary - REC	4 10:00am Exercise on 2nd Floor 10:30am Java Music - Brookside 11:30am Exercise on 4th Floor 2:00pm Ukulele Group - REC 6:00pm Reading with Thomas - LBY	5 10:30am Sunrise Choir - REC 2:30pm Bingo - REC	6 9:00am Breakfast with Santa - REC 2:00pm Tzu Chi Volunteers - REC
7 10:20am Java Music Club - BC 10:30am Catholic Mass 2:00pm The Strummers - REC 3:20pm Elder Council - REC	8 10:00am Exercise in Cedar Grove 10:30am Java Music Club - Hol 10:30am Java Music Club - CG 11:00am Exercise on 3rd Floor 1:30pm Java Music Club - BV 2:00pm Art Therapy Small Group - REC	9 10:00am Exercise on 2nd Floor 10:30am Men's Coffee Club - STY 11:30am Exercise on 4th Floor 2:00pm Hand Chime Ensemble - REC 2:30pm Java Music Club - GT 3:00pm Java Music Club - Cre	10 10:00am Exercise in Cedar Grove 10:30am Catholic Mass 11:00am Exercise on 3rd Floor 2:00pm Happy Hour - REC	11 10:00am Exercise on 2nd Floor 10:30am Java Music - Brookside 10:30am St. Vincent Choir - REC 11:30am Exercise on 4th Floor 2:00pm Ukulele Group - REC	12 10:30am Choir - REC 2:30pm Bingo - REC	13 10:00am Sikh Prayer 10:30am Langley UKE Ensemble - REC 2:00pm Tzu Chi Volunteers - REC
14 10:20am Java Music Club - BC 10:30am Catholic Mass 2:00pm MCGI - REC	15 10:00am Exercise in Cedar Grove 10:30am Java Music Club - Hol 10:30am Java Music Club - CG 11:00am Exercise on 3rd Floor 1:30pm Java Music Club - BV 2:00pm Art Therapy Small Group - REC	16 10:00am Exercise on 2nd Floor 10:30am Men's Coffee Club - STY 11:30am Exercise on 4th Floor 2:00pm Hand Chime Ensemble - REC 2:30pm Java Music Club - GT 3:00pm Java Music Club - Cre	17 50/50 Draw 10:00am Exercise in Cedar Grove 11:00am Exercise on 3rd Floor 2:00pm Happy Hour - REC	18 10:00am Exercise on 2nd Floor 10:30am Java Music - Brookside 11:30am Exercise on 4th Floor 2:00pm Christmas Show - REC	19 10:30am Choir - REC 2:30pm Bingo - REC	20 10:00am Sikh Prayer 2:00pm Tzu Chi Volunteers - REC
21 10:20am Java Music Club - BC 10:30am Catholic Mass	22 10:00am Exercise in Cedar Grove 10:30am Java Music Club - Hol 10:30am Java Music Club - CG 11:00am Exercise on 3rd Floor 1:30pm Java Music Club - BV 2:00pm Christmas Music - REC	23 10:00am Exercise on 2nd Floor 10:30am Men's Coffee Club - STY 11:30am Exercise on 4th Floor 2:00pm Hand Chime Ensemble - REC 2:30pm Java Music Club - GT 3:00pm Java Music Club - Cre	24 10:00am Exercise in Cedar Grove 10:00am Christmas Reading with Thomas - LBY 11:00am Exercise on 3rd Floor	25 Christmas Holiday - No Rec	26 Boxing Day - No Rec	27 10:00am Sikh Prayer
28 10:20am Java Music Club - BC 10:30am Catholic Mass 3:00pm Newton Christian Assembly - REC	29 10:00am Exercise in Cedar Grove 10:30am Java Music Club - Hol 10:30am Java Music Club - CG 11:00am Exercise on 3rd Floor 1:30pm Java Music Club - BV	30 10:00am Exercise on 2nd Floor 10:30am Men's Coffee Club - STY 11:30am Exercise on 4th Floor 2:00pm Hand Chime Ensemble - REC 2:30pm Java Music Club - GT 3:00pm Java Music Club - Cre	31 10:00am Exercise in Cedar Grove 11:00am Exercise on 3rd Floor 2:00pm New Years Party - REC			

LBY - Lobby

REC - Recreation Room

STY - Studio