

July 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00am Canada Day Breakfast - REC	2 10:00am Exercise on 2nd Floor 10:00am Java Music Club - BV - 11:30am Exercise on 4th Floor 2:30pm Java Music Club - GT 3:00pm Java Music Club - Cre	3 10:00am Exercise in Cedar Grove 11:00am Exercise on 3rd Floor 2:00pm Happy Hour - REC	4 10:00am Exercise on 2nd Floor 10:20am Java Music Club - BC 10:30am Name that Tune - REC 11:30am Exercise on 4th Floor	5 10:00am Celebration of Life - REC 2:30pm Bingo - REC	6 10:00am Sikh Prayer Service - CNF 2:00pm Tzu Chi Volunteers - REC
7 10:00am Catholic Communion - REC	8 10:00am Exercise in Cedar Grove 10:30am Java Music Club - Hol - 10:30am Java Music Club - CG 11:00am Exercise on 3rd Floor 2:00pm Art Therapy Small Group - REC 6:30pm Reading with Thomas - LBY	9 10:00am Exercise on 2nd Floor 10:00am Java Music Club - BV - 11:30am Exercise on 4th Floor 2:30pm Java Music Club - GT 3:00pm Java Music Club - Cre 3:30pm Hand Chime Ensemble - REC	10 10:00am Exercise in Cedar Grove 10:30am Catholic Mass 11:00am Exercise on 3rd Floor 2:00pm Happy Hour - REC	11 10:00am Exercise on 2nd Floor 10:20am Java Music Club - BC 11:30am Exercise on 4th Floor 2:00pm Ice Cream Social - REC	12 2:30pm Bingo - REC	13 10:00am Sikh Prayer Service - CNF 2:00pm Tzu Chi Volunteers - REC
14 10:00am Catholic Communion - REC	15 10:00am Exercise in Cedar Grove 10:30am Java Music Club - Hol - 10:30am Java Music Club - CG 11:00am Exercise on 3rd Floor 2:00pm Art Therapy Small Group - REC	16 10:00am Exercise on 2nd Floor 10:00am Java Music Club - BV - 11:30am Exercise on 4th Floor 2:30pm Java Music Club - GT 3:00pm Java Music Club - Cre 3:30pm Hand Chime Ensemble - REC	17 10:00am Exercise in Cedar Grove 11:00am Exercise on 3rd Floor 2:00pm Happy Hour - REC	18 10:00am Exercise on 2nd Floor 10:20am Java Music Club - BC 10:30am Drum Circle - REC 11:30am Exercise on 4th Floor	19 10:30am Choir - REC 2:30pm Bingo - REC	20 10:00am Sikh Prayer Service - CNF 2:00pm Tzu Chi Volunteers - REC
21 10:00am Catholic Communion - REC	22 10:00am Exercise in Cedar Grove 10:30am Java Music Club - Hol - 10:30am Java Music Club - CG 11:00am Exercise on 3rd Floor 2:00pm Art Therapy Small Group - REC 6:00pm Family Info Night - REC	23 10:00am Exercise on 2nd Floor 10:00am Java Music Club - BV - 11:30am Exercise on 4th Floor 2:30pm Java Music Club - GT 3:00pm Java Music Club - Cre 3:30pm Hand Chime Ensemble - REC	24 10:00am Exercise in Cedar Grove 11:00am Exercise on 3rd Floor 2:00pm Fruit Fiesta - REC	25 10:00am Exercise on 2nd Floor 10:20am Java Music Club - BC 11:30am Exercise on 4th Floor 6:30pm Reading with Thomas - LBY	26 10:30am Choir - REC 2:30pm Bingo - REC	27 10:00am Sikh Prayer Service - CNF 2:00pm Tzu Chi Volunteers - REC
28 10:00am Catholic Communion - REC 2:00pm New Church - MCGI - REC	29 10:00am Exercise in Cedar Grove 10:30am Java Music Club - Hol - 10:30am Java Music Club - CG 11:00am Exercise on 3rd Floor 2:00pm Art Therapy Small Group - REC	30 10:00am Exercise on 2nd Floor 10:00am Java Music Club - BV - 11:30am Exercise on 4th Floor 2:30pm Java Music Club - GT 3:00pm Java Music Club - Cre 3:30pm Hand Chime Ensemble - REC	31 10:00am Exercise in Cedar Grove 11:00am Exercise on 3rd Floor 2:00pm Happy Hour - REC			

- Bridgeview

- Holland

CNF - Conference Room

LBY - Lobby

REC - Recreation Room