

# WHAT TO BRING MOVE IN DAY

## IMPORTANT DOCUMENTS TO BRING

- Copy of Any Legal Documents - Power of Attorney, Representation Agreements, Committee of Person or Estate, Previous Advanced Directives/ DNR(MOST),
- Elder's Extended Medical Plan information (e.g. Pacific Blue Cross, Sunlife, Department of Veterans Affairs)
- Contact information for Funeral Home (if any arrangements have been previously made)
- Elder's Legal Will (to confirm the Executor of the Estate)
- Elder's Social Insurance Number
- Most recent Notice of Assessment (received from CRA after Income Tax is filed)
- 2 VOID CHEQUES or Banking Information Sheet** (one for Kinsmen monthly rent, one for Pharmacy)
- 1 CHEQUE for \$250.00** for Comfort Fund (Foot-care, Hair Care, Tuck Shop, Recreation, etc.)
- 1 BLANK CHEQUE** for pro-rated first month's rent (exact amount provided upon admission)

## RECOMMENDED Items to pack:

- Seasonal clothing: 5-7 changes pants, tops, sweaters, pyjamas, coat, shoes, slippers, socks, undergarments. (Place in large plastic bag with name attached to outside and give to care staff for labelling. Hangers will be provided)
- Toiletries: toothbrush, toothpaste, preferred shampoo/conditioners (basic incontinent pads provided, but Pull-ups can either be brought or ordered at extra cost to Elder/family)
- Personal medical devices/equipment: dentures, hearing aides, glasses, mobility devices

## OPTIONAL Personal furnishings that you MAY be brought:

- ✓ Meaningful items and photos to fill the "Memory Box" glass curio case
- ✓ Pictures to hang on the walls (ask for easy "S" hooks at reception)
- ✓ Radio or music player
- ✓ Comfortable chair (any upholstered furniture must be NEW or PROFESSIONALLY CLEANED)
- ✓ Small dresser or table

## PROHIBITED belongings that you MAY NOT bring for safety reasons:

- × Rugs/carpets
- × Electrical appliances (e.g. microwaves, toasters, heated blankets, portable air conditioners) \*Some exceptions for appliances may apply and will only be permitted with review and approval of KL Maintenance & Leadership
- × Televisions (TV and basic cable package available through Kinsmen Lodge)
- × Costly valuables (e.g. fine jewelry) or excessive cash
- × Bladed razors (electric shavers only)
- × **Audio or Video monitoring/surveillance devices**

Please try to arrive by 10:00am, sign in at front desk and report to the nurse on your neighbourhood for initial assessment. You are also invited to join your loved one for lunch but please inform **Reception at 604-588-0455 by 10:00am** that day if you plan to join us and pick up your *complimentary* "Move-In" meal ticket.

After the initial nursing assessment and settling in your loved one, please be prepared for a Move-In Orientation Interview with either our Elder Care Coordinator or Social Worker to complete essential paperwork. The Orientation Interview often takes 1-2 hours and the whole move in process from time of arrival may take 3-4 hours. Please make arrangements to support your loved one accordingly (e.g. people working often have to arrange a day off from work). Paperwork can also be completed prior to admission.

Please note that as per policy, Care Rx Pharmacy will be the ones to provide and deliver all medications. Please do not refill your loved one's prescriptions prior to admission as it will not be accepted.