# How can you be involved?

We find it helpful for family members and friends to be present in a person's life.



Family members and friends share valuable information about a person's preferences and wishes, as well as their life history.

We work with you to understand the person's needs for care.

Another way you can be involved is to have ongoing conversations with care staff.

## **Our Commitment of Support**

#### We will:

- ✓ include you in regular meetings and care planning
- ✓ discuss with you possible risks related to responsive behaviours
- work with you to find ways to reduce these risks and promote quality of life
- encourage you to tell care staff if you notice any changes in your family member.

We understand you might have many different feelings when faced with responsive behaviours. We are here to help you in any way we can.

## Have questions?

### Already in a care home:

Access, Care & Transitions Team 604-519-8500

### In your own home or the community:

Your Home Health contact

#### www.fraserhealth.ca

This information does not replace the advice given to you by your healthcare provider.

Catalogue #255815 (November 2018) To order: patienteduc.fraserhealth.ca

# Behaviour Support in Care Homes



For residents and family



Sometimes a person is not able to communicate and they might use behaviours to tell us what they want or need. These behaviours can include hitting, kicking or cursing. We call these 'responsive behaviours'.

If these behaviours become a safety concern for the person or others, they might need to move into a separate neighbourhood within a care home.

We call this neighbourhood a 'Behavioural Support Transition Neighbourhood'.

The staff who work in these neighbourhoods have added training and knowledge to support people with responsive behaviours.

# **Behaviour Support**

When giving behaviour support, care staff, family, and friends bring their knowledge and skills to the person receiving care. This experience is important. This approach makes sure that the care provided is based on the person's needs and goals.



Photo by Rémi Walle on Unsplash

# How long do people stay in this neighbourhood?

How long each person stays in a Behavioural Support Transition Neighbourhood can vary.

Sometimes a person's needs for care change and they no longer need this type of behaviour support. If this happens, the person might be moved to a different neighbourhood within the care home.

Sometimes, the staff cannot meet a person's needs for care within the care home. If this happens, we will talk with you about other options available. We work with you to understand the type of care the person needs and make all moves and transitions as smooth as possible.